

Dakota Sleep Society 2022 Conference

**8:30 am Welcome: Dr Arveity Setty**

**8:35 – 9:25 am** **How Mental Health Impacts Sleep**

 Mustafa A Abdul Hussein, MD

 Learning Objective: the learner will review common sleep concerns noted in

 psychological issues

**9:30 – 10:15 am How Eating Disorders Impact Sleep**

Leah Irish, PhD

Learning Objective: The learner will examine the empirical link between sleep

and obesity

**10:15 – 11:00 am How Medications Impact Sleep**

 Brooke Bernu, PharmD, BVPS, BCPP

 Learning Objective: The learner will recognize classes of medications that effect REM Sleep

**11:00 - 11:15 am MORNING BREAK**

**11:15 – 12:00 pm Seizures and Sleep**

 Amber Hass, RPSGT, REEGT, REPT

 Learning Objective: The learner will learn about different types of seizures and

their impact on sleep

**12:00 – 12:45 pm Cognitive Behavioral Therapy for Insomnia**

 Kristy Weigum, DNP, FNP-C

 Learning Objective: Discuss the treatments of insomnia disorder including non-

pharmacological options

**1:00 – 1:45 pm LUNCH**

**1:45 – 2:30 pm Al and Sleep Medicine**

 Trung Quoc Le, PhD

 Learning Objective: The learner will be introduced to analytics used in OSA

 detection and forecasting

**2:30 – 3:15 PM Accreditation, Trends, and Other Options**

 Amber Brown, RPSGT

 Learning Objective: The learning will become familiar with the roadmap and

your role in preparing for accreditation

**3:15 – 4:30 pm Business Behind an Accredited Sleep Center**

 Nicole Mills, MSB, RPSGT, REEGT

 Learner Objective: Discuss the management of quality and safety measures in

the sleep center

**4:30-4:35 pm Closing Remarks**

 Evaluations

CSTE program application has been submitted for approval by the Board of Registered Polysomnographic Technologists (BRPT) for a maximum of 6.00 CSTE hours.

An application for approval has been submitted to the AARC for a maximum of 6:00 AARC continuing education credits.

Faculty participating in CSTE activities must disclose significant financial interest or other relationship with manufactures of commercial products and/providers of commercial devices discussed in an educational activity, or with any commercial supporters of the activity.